



Associated  
Builders and  
Contractors

Central Florida



# ARE YOU CERTIFIED?

## CPR & First-Aid 2021

Do you have the lifesaving CPR and First-Aid skills needed to help co-workers or customers in an emergency situation?

- Learn to be prepared for emergencies, prevent injuries, and respond calmly and effectively when emergencies strike
- First time certifications and renewals welcome
- Attendees will receive both certifications in one day

Check your cards - certifications expire every two years.

**Wednesday, January 13, 2021**

8:30 am - 1:30 pm

**Monday, February 15, 2021**

2:00 - 7:00 pm

**Tuesday, March 16, 2021**

8:30 am - 1:30 pm

Private classes are available. For pricing and availability please email [classes@abccentralflorida.org](mailto:classes@abccentralflorida.org) or call 407-628-2070 for more information.

*According to OSHA Code of Federal Regulations 1926.50 (c), persons having a valid First-Aid Certification must be available at all job sites. Additionally, OSHA has promulgated a standard to eliminate or minimize exposure to blood borne pathogens and requires exposure control plans, input from employees and possibly establishment and maintenance of logs.*

### CFC ABC Office

651 Danville Drive, Suite 200  
Orlando, FL 32825

**\$65/person** Members

**\$75/person** Non-members

Includes Light Refreshments

Registration available online at [abccentralflorida.com/calendar](http://abccentralflorida.com/calendar) or scan the QR code below.

Pre-registration available only online.



### Cancellation/Refund Policy:

Cancellations received by 5:00 p.m., two business days before the class dates listed will be accepted with a full refund. No refunds after deadline.